

# coaching

ViennaHub  
by nigel stonham

connecting people with passion across art ~ commerce ~ sport ~ education



**BE WHO YOU ARE...** *"The summit of happiness is reached when a person is ready to be what he is." Desiderius Erasmus*

## HAPPINESS – feel different

.... Some Moments make us feel happy. Some Moments make us feel sad. We can define the former, and focus on doing more of the things that make us happy. We can understand what makes us sad, but sometimes we cannot influence when these things happen – a physical injury, break of partnership, the loss of a job, the death of a pet etc. We can however improve our ability to handle those sad moments more positively by having a "positive balance" of "happy moments" in our memory or "bank account".

*Vienna Hub from time to time promotes special "HAPPY MOMENTS" to increase your positive and happy memories. Here is one of these OFFERS.*

**PETRONILLA HOHENWARTER offers a unique happy moment for you  
< Mental, Spiritual + Physical renewal and relaxation >**

Petronilla Hohenwarter invites you to her atelier for a facilitated holistic art viewing which includes a motivational personal coaching session. Petronilla explores and discusses awareness of the greater consciousness, of which we all are part. She does this in her studio using her work series < **EXISTENCE OF UNIVERSE vs. INDIVIDUALITY** > as a backdrop. These artworks were made during her personal voyage of spiritual development during 2002-2004. Or you can choose < **EXISTENCE OF LOVE** >, the main work series since 2004, which contains the infinity of her soul and a revelation of her ongoing personal voyage of spiritual development. <http://www.petronillahohenwarter.de>



©WorkSeries **EXISTENCE OF UNIVERSE vs. INDIVIDUALITY** Nr..20 8—2003

You will stay at Wellness & Kosmetik Simona Seibold, a very unique and individual spa studio close to Waldkirchen. In addition to Petronilla Hohenwarter's atelier visit you can choose to enhance your personal experience with further physical renewals on offer at Simona's Wellness Studio.



This "Happy Moment" for **249 €** for either 2 persons or for an individual

**Art coaching session** 2,5 hrs ( **German or English** ) incl. refreshment, and one framed "Happy Day" original artwork, plus two nights bed & breakfast in Flat II, 10% Discount on pre-booked Treatments ( See your apartment and more at <http://www.simona-seibold.de> )  
The special offer price excludes travel + spa treatments.

**Dates – March 19<sup>th</sup>-21<sup>st</sup> – April 30<sup>th</sup>-May 2<sup>nd</sup> – June 25<sup>th</sup>-27<sup>th</sup> -**

first come first served basis, booking by phone +43 676 555 8531 or email [nigelstonham@gmail.com](mailto:nigelstonham@gmail.com) . Other dates available by appointment at € 299.

For the art coaching choose:

**A / Workseries EXISTENCE OF UNIVERSE B / Workseries EXISTENCE OF LOVE /**

©WORKSERIES EXISTENCE OF LOVE



**THE TEMPLE OF REVELATION / 5-2009**

**We look forward to welcome you on this exclusive and very personal event**

*Nigel, Petronilla and Simona*

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